

Sutter Medical Center Invites You to a SPECIAL EVENT
Parenting Children with Health Issues Workshop
Saturday, October 25, 2014
Time: 8:30 AM to 4:30 PM
Sutter Cancer Center, 1st Floor
2800 L Street, Sacramento, CA 95816

You'll discover how to: Promote responsibility without nagging, lecturing or bribing; Empower kids of all ages to make wise self-care decisions; Avoid power struggles and other common parenting traps; Handle refusal to take medication and do medical treatments; Raise resilient, responsible, happy kids.

AGENDA

- 8:30-9:00 **Registration, Meet and Greet.** Arrive early for a continental breakfast
- 9:00-9:15 **Welcome and Introductions-** Shaun Gray, LCSW
- 9:15-10:00 ***Living a Good Life with Chronic Illness***, Kasey Greene, CF patient*
- 10:00- 12:30 ***Building a Foundation for Parenting Children with Health Issues*** (Break at 11:00)
- 12:30 -1:00 **Lunch** provided by a fabulous caterer
- 1:00-4:00 ***Building Your Parenting Toolbox with the COPE Formula*** (Break at 2:30)
- 4:00-4:30 Open Discussion, Q&A

Registration Fee: \$20 per person/\$30 per couple. Scholarships available.

REGISTER BY MONDAY, OCTOBER 20. Space is limited, register early. Register online at www.pcwhi.com under "Workshops" or email Cathy Homelvig at cathy@pcwhi.com or call (916) 447-1165.

Join us for this special event with Foster Cline MD, Lisa Greene, and Kasey Greene



Foster W. Cline, MD is a child psychiatrist, internationally renowned speaker, best-selling author and co-founder of Love and Logic®.



Lisa C. Greene, M.A. CFLE is a speaker, co-author of *Parenting Children with Health Issues* and mom of two teens with cystic fibrosis. Her message is: "You can do it!"



Kasey Greene is in the 8th grade and is a blue belt in taekwondo and plays volleyball. She loves school, friends, and having fun (not necessarily in that order).

Directions: The workshop will be held on the 1st floor of the Sutter Cancer Center at 2800 L Street. Turn to the right upon entering the Center from the L Street side and follow the signs. Parking is located at 29th & L under the freeway. Please note that there is extensive construction going on so enter the Center from the L Street side.

*** PLEASE NOTE:** Although this class is intended for families with ALL kinds of health issues, in accordance with the CFF Infection Control Guidelines intended to protect the health of individuals with cystic fibrosis, only one person with CF can attend indoor events. Also, please be advised that there is no childcare available and, after Kasey's talk, some of the content may not be appropriate for children or teens. Thank you.