

TELECLASS

Winning with CF: Tools, Tips and Tactics for Raising Healthier Kids™



Dates: February 8th to March 15th, 2010

Times: Six Mondays for 1.5 hours: 5:30–7pm pacific, 6:30–8pm mountain; 7:30–9pm central; 8:30–10pm eastern. Class time consists of live instruction, Love and Logic audio clips, and discussion time.

Location: In the comfort of your own home via teleclass. *Your long-distance charges are not included in tuition cost.*

Cost: \$59.00 per person/\$89 per couple. Includes a book, a workbook, CD, Quick Tips, and a private class message board. *Limited partial scholarships are available upon request.*

Registration: Call Lisa Greene at (425) 891-2842, send an email to WinningWithCF@gmail.com or register online at www.WinningWithCF.com.

Discover how to:

- Motivate kids with CF to comply with medical requirements without nagging, lecturing, bribing or yelling
- Put an end to whining, arguing, and complaining about medical treatments
- Answer difficult questions about medical issues without causing fear
- Empower your child to make wise self-care decisions- even when you're not around
- Raise confident, responsible kids with high coping skills
- Increase the odds that your child will lead a healthy, happy, hope-filled life

This class is exclusively for parents and caregivers raising a child with cystic fibrosis, based on the award-winning Love and Logic book **Parenting Children with Health Issues** by Foster W. Cline MD and Lisa C. Greene. Dr. Cline is a child psychiatrist and co-founder of Love and Logic, a popular parenting program. Lisa is the mom of two kids with cystic fibrosis and a parent educator.

Visit www.ParentingChildrenWithHealthIssues.com for more information about the book and other resources including free audio downloads, articles, and "Ask Dr. Cline".

Attention CF Clinics:

Dr. Cline and/or Lisa Greene will present this material for your clinic via teleclass or live presentation. This is a great way to start up a CF support group or present new material to your existing group. Please contact Lisa for more information, (425) 891-2842 or happyheartfamily@aol.com.

For more information, visit www.WinningWithCF.com